Know Better, Do Better: Unpacking Unconscious Bias

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FACILITATED BY:
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Everybody has bias. Unconscious, or implicit biases, are not something we deliberately choose to have or endorse. They operate on a subconscious level and can influence our thoughts, actions, and decisions without our awareness. Even though unconscious biases help our brain process information and make sense of the world, they can lead to unfair treatment, discrimination, and perpetuate stereotypes. These biases can affect how we interact with others, how we make judgments, and even impact important decisions in areas like hiring, promotions, interpersonal relationships, and how we show up for students.

This interactive workshop is designed to help individuals recognize and address their own unconscious biases that may negatively impact their decision-making and lead to discriminatory behavior.

Key Takeaways

- Develop an understanding of how unconscious bias and stereotypes in the United States create inequitable experiences for historically marginalized communities of people
- Understand the connection between awareness and trust and how that affects students in the reduction of behavior referrals, increase in achievement, and an increase in engagement
- Increase awareness of non-dominant perspectives
- Increase racial literacy; become more comfortable discussing racial equity
- Recognize microaggressions and learn how to interrupt them
- Foster an environment that encourages sensitive dialogue



Reserve your spot to gain knowledge and understanding that benefits you and your personal and professional workspaces.

\$150/person

Online check-in: 15 minutes before start time